

July Reflection 2017



The second half of July seems to have been a lot about risk taking and trying new things. Over the last few weeks we have involved the children in discussions about healthy food and lifestyles. This has come about as we have been doing some yoga and looking after our veggie garden. Physical activity has had a mention too. We have just added a rope to the boat and the children have courageously embraced the challenge of holding on to it and swinging in the air, before letting go and dropping to the ground. The rope isn't very far off the ground and a thorough risk assessment was undertaken before we started. This experience tests the children's upper body strength, perseverance and attitude to taking on new challenges.

As a follow-up from our discussions the children participated in a "sometimes food" and a "healthy food" experience. We cut out an assortment of food pictures from supermarket catalogues then the children decided what they were and posted them on the relevant poster. We also made our own pizza for afternoon tea. The children chose what they wanted and cut it up, then assembled it before we cooked it in the oven then ate it up for afternoon tea.

The Kookaburra children are a happy and friendly group of children who often play cooperatively in small groups, even if it is with the collectables from the supermarket. Home corner and the car mat are places where you will frequently find a group of happy respectful individuals who are working towards the same goal.

Links to the National Quality Standards: Quality Area 1, Educational Program and Practice and TRCC Philosophy

